

BTL Intima Advances Non-Invasive Feminine Rejuvenation Procedures



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By Jeffrey Frentzen, Executive Editor

Radiofrequency (RF)-based modalities have been shown to be effective in feminine rejuvenation, including labia resurfacing. The latest innovation in this area, the BTL Intima™ from BTL Industries (Stevenage, U.K.), is a breakthrough system that utilizes focused monopolar RF energy to safely, effectively and non-invasively treat vulvar laxity.

According to Sherif Wakil, M.B.B.Ch., B.A., M.A.C.C.M.A., M.B.A.B.S., founder and medical director of DrSW Clinics in London, U.K., "The ideal candidates are women with vulvar laxity, vulvar dryness or atrophic vaginitis, and sexual dysfunction."

Featuring Impedance Intelligence™ technology, the advanced BTL Intima allows clinicians to employ high energy levels for efficacious collagen-remodeling treatments without compromising patient comfort and with no downtime.

In a recent clinical study¹, co-author professor Ivan Fisticic, M.D., Ph.D., director of the Ob/Gyn & Menopause Health Center and the Institute for Women's Health in Zagreb, Croatia, concluded that BTL Intima's non-invasive labia remodeling features resulted not only in personal satisfaction, but also a statistically significant improvement in sexual performance and satisfaction post-procedure.

"This device fulfills a holistic approach to treating the consequences of vaginal birth trauma, such as stress urinary incontinence (SUI), vaginal distension syndrome (VDS) and vulvar laxity," Dr. Fisticic expressed. "After proximal vaginal tightening, the procedure is able to sculpt vulvar shape, restoring a positive outlook and outer tightness."

BTL Intima sessions can cover five regions of the vulva, Dr. Fisticic added, "including both the labia majora and

minora, as well as the perineum. For the patient, the RF-based energy induces a pleasant and tolerable heat. Each session lasts about 30 minutes, which they find relaxing and comfortable."

Fernando Miguel Aznar Mañas, M.D., an aesthetic gynecologist and general secretary of the *Spanish Society of Aesthetic Gynecology and Intimate Surgery* in Cordoba, Spain, has employed BTL Intima for post-operative genital remodeling after an intimate surgery, such as labiaplasty or vaginoplasty. "It's really powerful for shrinking and tightening the skin and the subcutaneous tissue," he said. "This system is easy to use and provides lasting results. Even for women in their 60s and 70s, it is fantastic to improve their lost sexual beauty."

Apart from superior outcomes, there are also psychological effects on patients when their labia appearance is improved. "Some patients didn't realize they had this problem before," Dr. Wakil noted. "They never looked at their labia after their 20s, but once they see the before and after pictures they are extremely happy with the change and they feel much more confident."

Dr. Mañas reported that BTL Intima has revolutionized his aesthetic practice. "I can now offer a really easy procedure without pain and discomfort, and with excellent results," he stated.

All three physicians concluded that BTL Intima is an effective solution for labia remodeling and the enhancement of sexual satisfaction.

Reference:

1. Fisticic I, Sorta Bilajac Turina I, Fisticic N, Marton I. *Short time efficacy and safety of focused monopolar radiofrequency device for labial laxity improvement-noninvasive labia tissue tightening. A prospective cohort study. Lasers Surg Med.* 2016 Mar;48(3):254-9.



Before treatment



After one BTL Intima treatment

Photos courtesy of Sherif Wakil, M.B.B.Ch., B.A., M.A.C.C.M.A., M.B.A.B.S.